



Morris Gelbart, Ph. D.

Torrance Office

- Daniel D. Anderson, M.D.
- Marina Bhumitra, M.D.
- Christina Calzadilla, MFT
- Steven B. Friedman, Ph.D.
- Nancy Gilbert, Ph.D.
- Cheryl Madder, MFT
- Stephen Makuch, MFT
- Merrilee O'Brien, MFT
- Isabel Puri, M.D.
- Shireen Rafat, Ph.D.
- Cara Reinders, MFT
- Robert Winston, M.D.
- Mitsue Yamaguchi, Ph.D.

310-391-1253

Hot line numbers:

310-391-5013
310-748-2433

Redondo Beach Office

- Robert Cutrow, Ph.D.
- Phyllis Dworsky, Ph.D.
- Charles Eckstein, MFT
- Alan Lert, Ph.D.
- Angela Kappner, LCSW
- Michael Rogachevsky, M.D.

Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:

- anxiety
- depression
- relationship conflicts
- medical evaluation
- medication management

Addiction Disorders

- drug & alcohol dependency
- sexual/internet addiction
- compulsive gambling
- eating disorders
- relapse prevention
- impaired professionals
- adults & adolescents

Behavioral Medicine

- pain management
- stress management
- relaxation training
- self hypnosis
- chronic illness

Threat Assessment

- workplace violence evaluation
- violence prevention consultation
- fitness for duty evaluation
- critical incident debriefing
- anger management

Performance Enhancement

- sports psychology
- executive coaching

Suicide Prevention

Suicide Prevention

Services: County service for entire Los Angeles area. Operates 24-hours. Suicide crisis counseling and community referrals. Survivors after Suicide continuing support group for people who have lost someone to suicide. Non-profit organization.

Suicide hotline 24 hours-7 days
Suicide helpline (888-suicide)