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**Torrance Office**

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- Stephen Makuch, MFT
- Merrilee O'Brien, MFT
- Isabel Puri, M.D.
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**Redondo Beach Office**

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- Phyllis Dworsky, Ph.D.
- Charles Eckstein, MFT
- Alan Lert, Ph.D.
- Angela Kappner, LCSW
- Michael Rogachevsky, M.D.

**Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:**

- anxiety
- depression
- relationship conflicts
- medical evaluation
- medication management

**Addiction Disorders**

- drug & alcohol dependency
- sexual/internet addiction
- compulsive gambling
- eating disorders
- relapse prevention
- impaired professionals
- adults & adolescents

**Behavioral Medicine**

- pain management
- stress management
- relaxation training
- self hypnosis
- chronic illness

**Threat Assessment**

- workplace violence evaluation
- violence prevention consultation
- fitness for duty evaluation
- critical incident debriefing
- anger management

**Performance Enhancement**

- sports psychology
- executive coaching

310-937-1977

**Hotlines:**

- 1-800-656-4673
- 323-290-4119
- 562-597-2002
- 310-764-1403

**Sexual Assault**

SART- Sexual Assault Response Team  
 Little Company of Mary-San Pedro Hospital  
 1300 W. Seventh St., San Pedro, CA  
 Little Company of Mary Outpatient Care Center-Beach Cities

National sexual assault  
 Rosa Parks sexual assault crisis center  
 Sexual assault crisis agency  
 YW/CA sexual assault crisis program