



Morris Gelbart, Ph. D.

**Torrance Office**

- Daniel D. Anderson, M.D.
- Marina Bhumitra, M.D.
- Christina Calzadilla, MFT
- Steven B. Friedman, Ph.D.
- Nancy Gilbert, Ph.D.
- Cheryl Maddern, MFT
- Stephen Makuch, MFT
- Merrilee O'Brien, MFT
- Isabel Puri, M.D.
- Shireen Rafat, Ph.D.
- Cara Reinders, MFT
- Robert Winston, M.D.
- Mitsue Yamaguchi, Ph.D.

**Redondo Beach Office**

- Robert Cutrow, Ph.D.
- Phyllis Dworsky, Ph.D.
- Charles Eckstein, MFT
- Alan Lert, Ph.D.
- Angela Kappner, LCSW
- Michael Rogachevsky, M.D.

**Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:**

- anxiety
- depression
- relationship conflicts
- medical evaluation
- medication management

**Addiction Disorders**

- drug & alcohol dependency
- sexual/internet addiction
- compulsive gambling
- eating disorders
- relapse prevention
- impaired professionals
- adults & adolescents

**Behavioral Medicine**

- pain management
- stress management
- relaxation training
- self hypnosis
- chronic illness

**Threat Assessment**

- workplace violence evaluation
- violence prevention consultation
- fitness for duty evaluation
- critical incident debriefing
- anger management

**Performance Enhancement**

- sports psychology
- executive coaching

3333 Skypark Drive, Suite 220 Torrance, CA 90505 Tel 310.257.5750 Fax 310.257.5753  
423 South Pacific Coast Highway, Suite 102 Redondo Beach, CA 90277 Tel 310.792.1823 Fax 310.540.8904  
www.gelbartandassociates.com

**Pills Anonymous**

626-205-2662

Pills Anonymous  
[www.pillsanonymous.com](http://www.pillsanonymous.com)

**Meetings**

**SUNDAY**

Torrance 7:00-8:00 p.m.-  
South Bay Women and Men meeting, open, 1334 Post Ave  
Contact: 310-541-7298, or 310-329-6966

**THURSDAY**

San Pedro 7:00-8:00pm  
Peninsula Recovery Center, 1386 W. 7th. Street