



Nicotine Anonymous

Meetings

Morris Gelbart, Ph. D.

310-618-0842

Little Company of Mary Hospital-Torrance
Del E. Webb Ctr. For Health Education
4101 Torrance Blvd., Torrance, CA 90503
Mondays: 7:00-8:30 p.m.
Contact: Joan Waddell

Torrance Office

Daniel D. Anderson, M.D.
Marina Bhumitra, M.D.
Christina Calzadilla, MFT
Steven B. Friedman, Ph.D.
Nancy Gilbert, Ph.D.
Cheryl Maddern, MFT
Stephen Makuch, MFT
Merrilee O'Brien, MFT
Isabel Puri, M.D.
Shireen Rafat, Ph.D.
Cara Reinders, MFT
Robert Winston, M.D.
Mitsue Yamaguchi, Ph.D.

Redondo Beach Office

Robert Cutrow, Ph.D.
Phyllis Dworsky, Ph.D.
Charles Eckstein, MFT
Alan Lert, Ph.D.
Angela Kappner, LCSW
Michael Rogachevsky, M.D.

Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:

anxiety
depression
relationship conflicts
medical evaluation
medication management

Addiction Disorders

drug & alcohol dependency
sexual/internet addiction
compulsive gambling
eating disorders
relapse prevention
impaired professionals
adults & adolescents

Behavioral Medicine

pain management
stress management
relaxation training
self hypnosis
chronic illness

Threat Assessment

workplace violence evaluation
violence prevention consultation
fitness for duty evaluation
critical incident debriefing
anger management

Performance Enhancement

sports psychology
executive coaching