



Morris Gelbart, Ph. D.

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Torrance Office

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Redondo Beach Office

- Robert Cutrow, Ph.D.
- Phyllis Dworsky, Ph.D.
- Charles Eckstein, MFT
- Alan Lert, Ph.D.
- Angela Kappner, LCSW
- Michael Rogachevsky, M.D.

Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:

- anxiety
- depression
- relationship conflicts
- medical evaluation
- medication management

Addiction Disorders

- drug & alcohol dependency
- sexual/internet addiction
- compulsive gambling
- eating disorders
- relapse prevention
- impaired professionals
- adults & adolescents

Behavioral Medicine

- pain management
- stress management
- relaxation training
- self hypnosis
- chronic illness

Threat Assessment

- workplace violence evaluation
- violence prevention consultation
- fitness for duty evaluation
- critical incident debriefing
- anger management

Performance Enhancement

- sports psychology
- executive coaching

Narcotics Anonymous

Narcotics Anonymous Bay Cities Area Meeting Directory
24 hr. hotline
P.O. Box 1428, Redondo Beach, CA 90278
www.baycitiesna.com

Meetings

SUNDAY

San Pedro 5:45-7:15 p.m.- Little Company of Mary-San Pedro Hospital

WEDNESDAY

Manhattan Beach 7:00 p.m.-*Men's Meeting, closed meeting*
1601 Valley Drive, Joslyn Center,

Websites- narcotics

www.stopdrugs.org

website collaboration by CA narcotics officers assn and
CA department of justice