



## Marijuana Anonymous

Morris Gelbart, Ph. D.

800-766-6779

Marijuana Anonymous

**Torrance Office**

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323-964-2370

Marijuana Anonymous, L.A.

### Meetings

#### SUNDAY

Redondo Beach 10:00 a.m.-  
South Bay Joint Effort, Participation, open to all, non-smoking. 2000 W. Artesia Blvd. (at Green Lane), David Hayward Community Center

**Redondo Beach Office**

Robert Cutrow, Ph.D.  
Phyllis Dworsky, Ph.D.  
Charles Eckstein, MFT  
Alan Lert, Ph.D.  
Angela Kappner, LCSW  
Michael Rogachevsky, M.D.

#### MONDAY

Hermosa Beach 3:00 p.m.-  
Best Buds, young people's participation meetings  
702 11<sup>th</sup> Place, South Bay Alano Club

**Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:**

anxiety  
depression  
relationship conflicts  
medical evaluation  
medication management

#### TUESDAY

Mar Vista 8:00 p.m.-  
participation, open to all, non-smoking  
3590 Grandview Blvd., St. Bede's Episcopal Church

**Addiction Disorders**

drug & alcohol dependency  
sexual/internet addiction  
compulsive gambling  
eating disorders  
relapse prevention  
impaired professionals  
adults & adolescents

#### WEDNESDAY

Torrance 7:30 p.m.-  
High Hopes, open to all, non-smoking  
3330 W. Lomita Blvd., outpatient bldg., room N, Torrance Memorial Medical Center

**Behavioral Medicine**

pain management  
stress management  
relaxation training  
self hypnosis  
chronic illness

**Threat Assessment**

workplace violence evaluation  
violence prevention consultation  
fitness for duty evaluation  
critical incident debriefing  
anger management

**Performance Enhancement**

sports psychology  
executive coaching