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310-247-1180
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**Comprehensive Psychological
and Psychiatric Services for
individuals, families, couples,
and groups, treating:**

anxiety
depression
relationship conflicts
medical evaluation
medication management

Addiction Disorders

drug & alcohol dependency
sexual/internet addiction
compulsive gambling
eating disorders
relapse prevention
impaired professionals
adults & adolescents

310-373-0321

Behavioral Medicine

pain management
stress management
relaxation training
self hypnosis
chronic illness

Threat Assessment

workplace violence evaluation
violence prevention consultation
fitness for duty evaluation
critical incident debriefing
anger management

Performance Enhancement

sports psychology
executive coaching

Alcohol and Drug Programs

NCADD/South Bay

National Counsel on alcoholism and Drug Dependency
of the South Bay, 1334 Post Avenue, Torrance, CA 90501
www.ncaddsb.com

Info: Community Prevention and Recovery Program,
Outpatient Program, Family Preservation Program,
Residential Programs, Drinking Driver Programs, domestic
Violence Treatment Program for Batterers (men only),
Breathe Easy in Recovery Tobacco Education/Policy.

JFS/ADAP Jewish Family Services of Los Angeles-
Alcohol Drug Action Program, 8838 West Pico Boulevard,
Los Angeles, CA
adap-jfs@jfsla.org

Services: Information and referral, assessment, counseling,
relapse prevention, and education/community outreach

JFS/South Bay counseling and resource center
2340 Hawthorne Boulevard, Suite 125,
Torrance, CA 90505
jfssouthbay@jfsla.org , www.jfsla.org

Info: Support Groups; Bereavement Groups, Psychotherapy
Groups, Senior Discussion Groups, Kinship Care-relatives
as parents, separation and divorce, and caregivers support

Alcohol and Drug Websites:

www.cadca.org

website for community anti-drug coalitions of America

www.jointogether.org

website posts national stories relating to alcohol/other drugs/violence

www.nationalfamilies.org

action website-includes drug information for parents as well as related links

www.madd.org

mothers against drunk driving

www.ncadd.org

national council on alcohol and drunk driving

www.nida.nih.gov

national institute on drug abuse