

Divorce

Morris Gelbart, Ph. D.

Torrance Office

Daniel D. Anderson, M.D.
Marina Bhumitra, M.D.
Christina Calzadilla, MFT
Steven B. Friedman, Ph.D.
Nancy Gilbert, Ph.D.
Cheryl Maddern, MFT
Stephen Makuch, MFT
Merrilee O'Brien, MFT
Isabel Puri, M.D.
Shireen Rafat, Ph.D.
Cara Reinders, MFT
Robert Winston, M.D.
Mitsue Yamaguchi, Ph.D.

Redondo Beach Office

Robert Cutrow, Ph.D.
Phyllis Dworsky, Ph.D.
Charles Eckstein, MFT
Alan Lert, Ph.D.
Angela Kappner, LCSW
Michael Rogachevsky, M.D.

Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:

anxiety
depression
relationship conflicts
medical evaluation
medication management

Addiction Disorders

drug & alcohol dependency
sexual/internet addiction
compulsive gambling
eating disorders
relapse prevention
impaired professionals
adults & adolescents

Behavioral Medicine

pain management
stress management
relaxation training
self hypnosis
chronic illness

Threat Assessment

workplace violence evaluation
violence prevention consultation
fitness for duty evaluation
critical incident debriefing
anger management

Performance Enhancement

sports psychology
executive coaching

310-767-9898

Better Divorces

www.abetterdivorce.org

Additional information: A group of attorneys, financial professionals and counselors will assist in settling a case without going to court. Attorneys seek solutions based on input from both clients and other professionals.

310-373-0321

Moving on Support Group

3701 Skypark Drive, Bldg. 6, Suite 100, Torrance, CA 90503

Additional information: Professional facilitated by Cindy Akah, MSW. Please pre register by calling 310-540-6646. Topics addressed: Dating after a long term relationship, Finding companionship, and Enriching your life through connections.

310-373-0321

Separation and Divorce Group

Mondays 6:15-7:45 p.m.

Jewish Family services-South Bay

23430 Hawthorne Blvd., Bldg 3, Suite 125, Torrance, CA 90505

Cost: \$20 per session for the 6 session series. Payment arrangement possible

Additional information: Professionally facilitated providing a safe atmosphere to express feelings and thoughts, an opportunity to share experiences, gain understanding, and to develop new strengths, as well as ways to cope with separation, divorce, and the aftermath. Jewish Family Services in a non-sectarian agency available to all community members, partially funded by Beach Cities Health District.