

310-679-9031

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310-783-4677

213-385-5100

213-385-5101

**Comprehensive Psychological  
and Psychiatric Services for  
individuals, families, couples,  
and groups, treating:**

anxiety  
depression  
relationship conflicts  
medical evaluation  
medication management

310-414-2090

**Addiction Disorders**

drug & alcohol dependency  
sexual/internet addiction  
compulsive gambling  
eating disorders  
relapse prevention  
impaired professionals  
adults & adolescents

**Behavioral Medicine**

pain management  
stress management  
relaxation training  
self hypnosis  
chronic illness

310-414-2090

**Threat Assessment**

workplace violence evaluation  
violence prevention consultation  
fitness for duty evaluation  
critical incident debriefing  
anger management

**Performance Enhancement**

sports psychology  
executive coaching

**Bibliography-children**  
Courage To Heal. (child abuse)

3333 Skypark Drive, Suite 220 Torrance, CA 90505 Tel 310.257.5750 Fax 310.257.5753  
423 South Pacific Coast Highway, Suite 102 Redondo Beach, CA 90277 Tel 310.792.1823 Fax 310.540.8904  
www.gelbartandassociates.com

**Groups for Children**

Behavioral Health Services, inc.  
Patterns- Residential Drug and alcohol Treatment Program  
for Women and their Children  
12917 Cerise Avenue, Hawthorne, CA 90250

South Bay Family Recovery Center

[www.bhs-inc.org](http://www.bhs-inc.org)

Monday-Friday 8:00 a.m.-5:00 p.m.

Fees: based on sliding scale

Services: Residential treatment, mother and child  
interaction projects, assessment, educational groups, access  
to local elementary schools, referrals, AIDS/HIV  
education, aftercare services, and introduction to 12 step  
program

Children's Institute, inc.

21810 Normandie Avenue, Torrance, CA 90502

Headquarters: 711 South New Hampshire Avenue,  
Los Angeles, CA 90005

[www.childrensinstitute.org](http://www.childrensinstitute.org)

Services: Treatment, Prevention, Early Childhood Services,  
and Community Services

Parenting Classes and Social Skills Group, Parent-Child  
Interaction Therapy, ADHD Clinic

South Bay Center for Counseling

School Readiness Programs

[srprogram@sbcglobal.net](mailto:srprogram@sbcglobal.net)

Services: Health services, parent education classes, early  
childhood education, and economic development programs.

South Bay Center for Counseling

Family Support Programs

360 North Sepulveda Blvd., Suite 2075,  
El Segundo, CA 90245

[www.sbaycenter.com](http://www.sbaycenter.com)

Monday-Thursday 9 a.m. - 9 p.m., Friday 9 a.m. - 5 p.m.,  
Saturday 9 a.m. - 2 p.m.