



Morris Gelbart, Ph. D.

310-324-0444

Torrance Office

Daniel D. Anderson, M.D.
Marina Bhumitra, M.D.
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Isabel Puri, M.D.
Shireen Rafat, Ph.D.
Cara Reinders, MFT
Robert Winston, M.D.
Mitsue Yamaguchi, Ph.D.

800-599-8820
800-339-6993

Neighborhood Family
Garden & Torrance
1:00 p.m.-7:30 p.m.
\$25/session

Tough Love

Redondo Beach Office

Robert Cutrow, Ph.D.
Phyllis Dworsky, Ph.D.
Charles Eckstein, MFT
Alan Lert, Ph.D.
Angela Kappner, LCSW
Michael Rogachevsky, M.D.

**Comprehensive Psychological
and Psychiatric Services for
individuals, families, couples,
and groups, treating:**

anxiety
depression
relationship conflicts
medical evaluation
medication management

Addiction Disorders

drug & alcohol dependency
sexual/internet addiction
compulsive gambling
eating disorders
relapse prevention
impaired professionals
adults & adolescents

Behavioral Medicine

pain management
stress management
relaxation training
self hypnosis
chronic illness

Threat Assessment

workplace violence evaluation
violence prevention consultation
fitness for duty evaluation
critical incident debriefing
anger management

Performance Enhancement

sports psychology
executive coaching