



Morris Gelbart, Ph. D.

**Torrance Office**

- Daniel D. Anderson, M.D.
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- Shireen Rafat, Ph.D.
- Cara Reinders, MFT
- Robert Winston, M.D.
- Mitsue Yamaguchi, Ph.D.

**Redondo Beach Office**

- Robert Cutrow, Ph.D.
- Phyllis Dworsky, Ph.D.
- Charles Eckstein, MFT
- Alan Lert, Ph.D.
- Angela Kappner, LCSW
- Michael Rogachevsky, M.D.

**Comprehensive Psychological and Psychiatric Services for individuals, families, couples, and groups, treating:**

- anxiety
- depression
- relationship conflicts
- medical evaluation
- medication management

**Addiction Disorders**

- drug & alcohol dependency
- sexual/internet addiction
- compulsive gambling
- eating disorders
- relapse prevention
- impaired professionals
- adults & adolescents

**Behavioral Medicine**

- pain management
- stress management
- relaxation training
- self hypnosis
- chronic illness

**Threat Assessment**

- workplace violence evaluation
- violence prevention consultation
- fitness for duty evaluation
- critical incident debriefing
- anger management

**Performance Enhancement**

- sports psychology
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## Alzheimer's

323-938-3370

Alzheimer's Disease & Related Disorders Association (ADRDA)  
5900 Wilshire Blvd., 4<sup>th</sup> floor, L.A., CA 90036

M-F 8:30 a.m.-5:00 p.m.

Additional information: Local chapters of ADRDA are able to provide information on many aspects of Alzheimer's disease and other dementia illnesses.

### Meetings

#### MONDAY

Harbor City 9:30 a.m., 2<sup>nd</sup> & 4<sup>th</sup> Monday,  
Alzheimer's Support for Caregivers  
Kaiser Foundation HealthPlan, Inc., South Bay-Harbor Cities  
25825 S. Vermont Avenue, , CA 90701  
310-517-2940