

Gelbart and Associates

Gelbart and Associates is a PBH Preferred Group Practice serving the Redondo Beach and Torrance area. They are one of fifty 2002 Lambert Award recipients who demonstrated superior therapeutic outcomes with PBH members. This group has successfully implemented PBH's ALERT®/Risk Management System into their treatment process. The goal of this system is to assist practitioners in identifying and intervening with members at risk for adverse outcome or premature termination of treatment.

Owner and Clinical Director of the group, Moe Gelbart, PhD said, "It (using the ALERT system) is just what we do, it's part of the treatment process. It's a quick check list and a useful tool that we review with the patient at the beginning of the session." They fax the Y/LSQ to PBH's clinical department at the end of the session. If the tool indicates risk, PBH communicates this with the group via a letter and the group reviews this information in a weekly staff meeting. The letter is included during case presentations and used as a training tool. The group's practitioners provide treatment recommendations and the form is placed into the chart and flagged as "high risk" for future follow-up. This process exemplifies PacifiCare Behavioral Health's fundamental objective of providing effective behavioral health care services. ■